

# PHUKET GAZETTE

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## Phuket Lifestyle: Impiana's Swasana Spa

PHUKET: If ever there was a true boutique spa, then this is it. It doesn't make pretentious claims to be the biggest, or even the best spa in Phuket. Nor does it boast of having the widest choice of treatments. But what Swasana Spa is proud of is that it offers top-notch spa services fusing the very best techniques of Thailand, Malaysia and Indonesia, emphasizing inner healing and balance of mind, body and soul, using a fusion of Asia's massive treasure trove of spices and philosophies.

Nestled in the lush tropical gardens of Impiana Resort Patong Phuket, Swasana Spa offers so much more than a spa vacation. The resort also has an excellent local reputation for its fine dining at Sala Bua Restaurant, and now Swasana Spa gives it that something else to be noted for. And you can enjoy the best of both places on the same day, as it offers special spa/dining packages combining an afternoon's body care at Swasana, culminating in a gastronomical adventure (lunch or dinner) at its culinary outlets with spa cuisine on the menu.

It is no secret that spa therapies are a healthy way to relax. In Swasana Spa, you are able to contemplate while skilled therapists carry out the especially tailored Swasana Massage.

This is an exceptional fusion of three of Asia's most popular massages Thai, Balinese and Malay and is a truly unique pampering and blissful experience you may not want to end.

In addition to the interesting selection of treatments, there are a lot more attractions than the year-round promotional packages and special offers.

There are several signature treatments, which are worth highlighting; particularly the all-inclusive 3.5 hour Royal Swasana package.

This package starts off with a choice of body scrub or wrap, followed by a Swasana Massage and Fuzo Massage and finishing with a choice of a moisturizing or rejuvenating facial.

The Detox Massage is another one of Swasana's particularly enjoyable treatments, and it's therapeutic too.

This is a four hand massage with two therapists working harmoniously to eliminate accumulated toxins and unwanted substances leaving you healthy, happy and glowing a real treat for the senses.

But whatever treatment you choose, Swasana Spa is a vacationer's paradise situated beside a spectacular beachside location. The spa area features both air-conditioned rooms, with their ornate decor, or the outside fresh air in the spa garden where you can enjoy the sea breeze.

There are also suites for two, should you wish to share your spa experience with a loved one.

Designed with a hectic traveler in mind, the Swasana Spa has a proven record from its predecessors in both Malaysia and Thailand.

Let exceptional Thai pampering carry your vital senses into a world of healing, soothing away the stress of everyday life.

Recover from travel weariness here, and feel the benefits as you experience a touch of paradise.

For further inquiries or to book a session, please email [spaipc@impiana.com](mailto:spaipc@impiana.com) or call +66 (0) 7634 0138.

â€“ Phuket Gazette

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